

# **Making the Shift: Considerations for the New Earth**

By Awyn D'Aniki (Bradford W. Tilden)

Everywhere I look and with everyone I talk to, there is a common sentiment pervading: Something big is happening, and it's not going to stop! This planet and all sentient beings upon it are living in an unprecedented time. We find ourselves on the brink of destruction and at the same time, poised on the launching pad of conscious ascension. On the esoteric front, there is increasing excitement about the end of the Mayan Calendar, and much speculation about what will happen next. Environmentally, we seem to be past the point of no return with the "threats" of global warming and topsoil erosion, overpopulation, and mass extinctions. Yet, scientifically, we have begun to develop technologies to tap into the infinite energy source of the Zero Point Field (the essential fabric of reality that pervades all existing and non-existing things) that provide solutions to the industrialist/destructionist paradigm. Many people are becoming aware of our galactic neighbors waiting to usher us into galactic awareness. Many more people are waking to the truth of their own origins and discovering they are incarnated angels, extra-terrestrials, wizards, and fairies. Time itself seems to be unraveling, as we begin to understand that the past and future are all part of one continuous, infinite "now."

In all the fantastical happenings, mass extinctions, psychic awakenings, cataclysmic disasters, global peace movements, wars, spiritual rememberings, Akashic accessibility, and more, one may ask how is this happening? Well, that's an easy question to answer. Anywhere you look there's an explanation. Physically, the Earth is shifting poles and the solar system is entering a denser band of the Milky Way, aligning more directly with the Central Sun of the Galaxy. Our own sun is growing hotter, whiter. Astrologically we are entering the Age of Aquarius. According to Hindu cosmology we have reached the apex of the Kali Yuga, the darkest point in creation, and are now moving again toward the light. Indeed, all world religions have foretold of an end time, and, frankly, this is it. And it is also the beginning of the new, the return to Oneness, the leap to a higher plane of consciousness, to higher dimensions of existence.

This article is intended to alleviate some of the fears and anxieties about this time of rapid change, and to offer some considerations that will help make the shift easier for individuals and for humanity as a whole. It will also emphasize the importance of upholding higher, love-based vibrations in all that you do, and the significance of even the simplest acts of gratitude.

## **Choose Your Own Adventure**

The physical universe and the human mind are becoming interchangeable. The number of people attaining enlightenment is growing exponentially with the worldwide phenomenon of Oneness Deeksha plugging more and more people into the Human Group Consciousness Grid. The "Secret" is out, and more and more people are beginning to discover that they CAN and DO create their own reality. The reaches of science and philosophy have completely overlapped into each other. Scientists have documented that intention determines the outcome of experimentation. "As above, so below" is more accurately stated: *as within so without*. That said, we are discovering that we are far more powerful creators than we thought.

Every choice we make creates reality anew. EVERY choice! The implications of this are astounding! What I find fascinating is how millions, if not billions of people are still choosing realities based on fear instead of love, lack instead of abundance, and disease instead of health. In theory, creating a golden age of global peace and unity is quite simple: just choose for it to occur. The complexities arise because this Utopic state of being will only be possible once EVERYONE chooses this reality FOR THEMSELVES. And the legwork to get there is a little more complicated than just choosing for it to come into being. The choices we must make as individuals involve a fundamental paradigm shift in ALL areas of existence. The food we eat, the clothes we wear, the way we transport, the way we generate electricity, how we build, what we build, and what we use to build with, how we relate to others, how we relate to ourselves, what we think, why we think it, what we feel, why we feel it, who we help, why we help them, what the truth is and what to believe in, what the past is and how it can serve us, what death is, who is on the other side and why they are there...

This may seem like an insurmountable challenge, but the grace of the universal order and the divine orchestration of the symphony of creation have set it up so that these changes are already happening easily, effortlessly, and joyously for those who are welcoming them. All you have to do is choose to believe what feels good to you, what excites you, and what causes no harm to others (be they animal, plant, or mineral). Then open yourself to receive the beautiful and exciting reality you dream into being.

### **Take Me Higher**

As the shift continues, the fundamental vibrations of all levels of existence are rising. It's like completing a level in the game Tetris. Suddenly your pieces disappear and new ones can be seen, but the playing field is the same. In this next level the music plays faster, the pieces move faster, and the colors are more vibrant. We are not the only ones who will shift. The Earth, Sun, and Solar System are also raising their frequency. In fact, all of creation is shifting up a notch, increasing in vibration, along with all other creations as well.

Many beings have already made the shift: the "disappearing" bees are simply transitioning to a higher plane of existence. The whales are beaching themselves in order to leave their bodies to do work in higher realms of consciousness. On a spiritual level, we are expanding to anchor our Higher Selves in our physical bodies and conscious awareness, becoming "Cosmic Humans" with universal consciousness.

You can readily observe this core concept everywhere you look in current philosophical, scientific, spiritual and religious trends. All the available channeled materials and spiritual masters approach this same subject differently. They speak in metaphors and synonyms, appealing to different people through different means. The underlying message is the same: we are returning to source/God/ the creative well beyond, (or whatever you choose to call it) by awakening to the spark of source/God/creator within us. In this way we are creating a unity of multitudinous individuality. Every possible expression of Self will become fully manifested simultaneously so that we all know everything to be one.

We are transmuting the dualistic viewpoint of reality by unifying opposites and lifting the veil of opposition. The illusion of separation is being dispelled as we discover all things are but mirror images of each other to varying degrees. Every good is linked to

a bad, every up to a down, and all is based upon a sliding scale of perspective. The light and the dark have merged, so that we may all be One. Having done so, we learn there is no real good or evil, only what we choose to perceive as such, and only so much as we allow fear to enter our hearts.

One of the changes occurring for us as we raise our frequency is an increased sensitivity to vibrations and subtle energies. This is partly because we are expanding at the atomic level. As we raise our vibrations, we create more space within us. This is making us more finely tuned instruments, able to recognize and tune into more subtle frequencies. Interest in Color, Sound, and Crystal Healing is on the rise, as well as other vibrational healing modalities. These modalities have existed for millennia, but now is the time when they are coming into their full power on this planet.

There are wonderful growth opportunities with this phenomenon. One example is food allergies. Food allergies are a manifestation of a person's physical body moving up to a higher frequency that no longer benefits from consuming a particular type of food with a lower frequency. The challenge is to cleanse the emotional body that holds the strong desire attached to that food source. Interestingly enough, the new diet solutions for people with food allergies are always in alignment with the movement toward more sustainable agricultural practices. Eating healthier is healthier for the planet too...

### **Fear & Love**

Contrary to popular belief, fear and love are not emotions. They are states of being. They are levels of vibrational existence. Fear is simply a lower, heavier, denser vibration than love. When you experience fear you are experiencing a drop in your level of vibrational integrity. Likewise, when you experience love you are feeling an increase in your level of vibrational integrity.

Part of the shift we are all experiencing, and the work many of us have incarnated here to do, is to raise the vibration of the collective consciousness from the vibrational level of fear to the vibrational level of love. It is simply a matter of free-will choice.

We all have the tools inside ourselves to rise above fear. Picture it like a layer of fog covering the land. Within the fog you are only able to see directly around you. Everything else is an uncertainty. Doubt about what might be even just inches beyond your perception allows fear to creep in. But trust in the unknown dispels the fear, gives you the courage to move forward, even so with your path obscured and only revealed to you each step of the way.

Love, however, is like raising your head above the layer of fog. Suddenly, you see everything for what it is, and the sense of belonging and knowingness gives you infinite potential, unobstructed by doubt. All you need to do to get there is think "up," and in your heart and mind, you will be lifted.

### **Looking Beyond the Other**

This is all fine and dandy, but what does it mean? What's all the excitement about? Why is the Earth the hottest destination in the Universe right now? Let me offer this simple consideration: In the beginning, there was the One, and it knew itself to be everything. This everything, however, only existed in potential. All possibilities were already conceived, but none existed other than the One. So this one created another One. A separate self so that it could know itself outside of itself. This created a dynamic

relation: a yearning to reconcile, and a repulsion. This is the creative impulse of the physical universe. It is both expansion and contraction, and through it, all known things come about. Now, the expansion has spread the farthest it is able to at this time without losing its fundamental connection with itself, the One. It is time for phase three of creation: Now that the One has diversified in every possible way, experienced every possible perception, it is time for something completely new. It is time for the One to know itself as itself AND as its other. Unification through individualization. ***The goal is to preserve individual identity while simultaneously experiencing interconnectedness with all.*** It is this that has never happened before, and the reason for all the excitement. For in attaining this state of consciousness, all possibilities will not only be conceived as possibilities, they will become manifest as realities as well. This One I speak of is YOU.

### **The Excitement**

This is a pivotal time in creation. We have now entered the transitional phase to the “New Earth.” Many people incarnating on the planet at this time are retaining a greater percentage of the knowledge of their past incarnations. These include past incarnations on Earth, elsewhere in the Universe, in angelic realms, other dimensions, and beyond. The unique nature of our third dimensional reality combined with our rapidly expanding consciousness has created a singularly unique condition never before seen in creation. As we learn how to create our own realities we discover that we are literally creating entire new worlds, galaxies, universes, and dimensions.

The imagination has always been the template for creation. It is simply becoming a bit moreso, and quite literally. “Normal” people are already discovering they can bi-locate, levitate, and create objects from thin air. This is just the beginning. We will reach the point where each one of us shapes reality exactly as we choose. Do you want to fly? With or without wings? The world will exist as an interwoven matrix of different dimensions and realities that create even more realities as they combine and harmonize with each other.

Is your head spinning yet? Now is a good time to remind you of the importance of staying grounded! Of course, this kind of manifestation requires discipline and responsibility. Otherwise we’d be in quite a mess! The good thing is these powers are not fully on. We are still held by the denser vibrations of the physical world, and still a bit bound to the fear vibration. The solution? Release the fear, and expand your capacity to resonate with love. And that is essentially what we are all here to do, now.

### **The Conditioned Lack of Wholeness**

There is not one person incarnated at this time who does not have any healing to do. (I define healing as releasing lower vibrations of fear to embrace higher vibrations of love.) We all came here at this time to heal ourselves, and in turn heal the world. All of the fear we carry around inside us is there from conditioning. When you were born into this dualistic world, you knew everything to be you. You were your Authentic Self. But as you grew older, you forgot. You created separateness. You created your Ego and personality, and you let them become your totality. But just as the One created its other, so too did you. This is the person you thought you wanted to be, the person you were expected to be. And so you were. But you were not whole. You cut off part of your

being in order to meet the requirements you thought you needed to function in your community and in this world.

This energetic block of soul-essence eventually manifested as dis-ease in your mind or body. And so here you are, wanting to heal. To do so, you must re-align your Ego and personality with your Authentic Self. To know yourself as who you are to yourself and to others, and to know that all others are different expressions of you, and vice versa.

You are the Earth, and the Earth is You. The Earth suffers from dis-ease. From strip-mining, oil-spills, atomic bomb testing, deforestation, and other imbalances... But the Earth heals herself. No-one thinks the Earth cannot heal herself. She'll do it with or without us. I invite you to consider her example. She doesn't need anything other than herself to heal, and you are the same. *You have inside you all the resources and capabilities you need to heal whatever dis-ease you may be suffering from.* Take time to consider that statement, for it is the most powerful statement that can be made at this time about your state of health.

## Healing

**You came here at this time to heal and to help the Earth heal.** The benefit to this healing is expanded consciousness, and the result will be a New Paradigm, unlike anything there has ever been before.

My definition of healing is restoring harmony. Once there is harmony there can be a shift. Harmony cannot exist without individualization and unification. When one of the strings on a guitar is out of tune, you are not able to strum the proper chord without deforming your hand position. Many of us are walking around in various states of deformation and dis-ease. The goal then, is to re-tune the strings, to bring them back into harmony.

Dis-ease occurs on a number of different levels. Long before a condition manifests in the physical body there is an imbalance in the energetic bodies and spiritual bodies. One does not have to be suffering a physical condition to be imbalanced. Each and every incarnated being on this planet at this time has the same job to do: bring your energy back into balance, by healing past imbalances. These imbalances may have developed in this life-time, but from my experience and observations, these imbalances have origins in both our spiritual and genetic ancestries and past lives. These imbalances are concentrated in us now, giving us a tremendous opportunity for growth.

Why must we heal? Because bringing ourselves back into harmonious alignment is the key to conscious expansion. Dis-ease occurs when parts of the body/mind are vibrating at dissonant frequencies to each other and/or to the soul/authentic self, and are thus, unable to communicate and function properly.

The body knows itself with infinite intelligence. It will display symptoms of pain and discomfort when there are energetic blockages. It will neatly store away toxins until it is able to safely release them. It is the mind that creates and maintains energetic blockages by holding onto vibrations that are dissonant with its fundamental frequency of soul-resonance. You may recall the Buddhists referring to this phenomenon as *attachment*. The dissonant vibrations caused by these blockages assume the forms of unexpressed emotional frequencies and foreign, lingering thought forms.

Over time the build up of these dissonant frequencies weakens the aura, the mind, and the physical body, leaving you susceptible to psychic attacks, mental disorders, physical illnesses, unnatural emotional outbursts, and entity attachments. Oh my!

### **Emotion As Sound**

As emotional imbalances are the most tangible and easiest to relate to I will discuss them in more detail. One thing all emotions have in common is that they are expressed through **sound**. Laughter, crying, shouting, etc... The tone of inflection in a person's voice is an emotional barometer. Whatever emotional state the person is in, its corresponding frequency is carried along the voice as a vibrational quality.

When an emotion is not expressed through sound, the frequencies become lodged somewhere in the body and create dissonances that will ultimately lead to dis-ease. I know of many people who healed after releasing held grief, fear, anger, loss, sorrow and similar emotions, but I equally know of people who had healings after releasing pent-up laughter, joy, ecstasy, and excitement.

### **Resonant Emotional Responses**

People who carry these dissonant frequencies around in them are continually given opportunities to heal these imbalances. These opportunities present themselves through either resonance or triggers.

*Resonance is the phenomenon where one vibrating body causes a similar body in proximity to vibrate as well.* A practical example of this is when you pluck a string on a violin the same string on a nearby violin will also begin to vibrate. This holds true for humans as well. Consider for a moment, emotions as violin strings, and we, the violins. If you have ever experienced a sudden inexplicable emotional mood swing, you may very well have simply picked up on that emotional frequency from someone around you.

I recall a moment when I was walking down a street. I suddenly felt extremely sad, but there was no reason for feeling that way at all. I realized I had picked up the sadness from a passerby.

This event showed me that I had some blocked sadness within me, enough that my body was able to noticeably sympathetically resonate with the sadness that came into my field. The insight for me at that moment was to look within and clear whatever sadness was lurking inside me.

### **Staying Clear**

The way to master your emotions is to continually clear them. The clearer you are, the less you will be susceptible to resonating from strong emotions from other people. At the fundamental level, our subatomic particles are held together by vibrating strings of energy. Our natural state of vibration allows emotion to pass through us swiftly like wind through a chain-linked fence. Emotional blockages are like debris caught in the fence. They too have their own frequency. When we are near someone who is expressing an emotion that is blocked in us, our bit of debris picks up on it like a violin string.

There is a whole school of thought dedicated to crowd consciousness and mob mentality. From this perspective it is all quite easily understandable as sympathetic resonance. The more you clear, the freer you are from being caught up in the emotional

dramas of those around you, and the better you will be able to remain present, focused, authentic, and conscious, especially in crisis situations.

## **Triggers**

Emotional triggers are a bit challenging to work with, but very rewarding when you resolve them. Anything that causes you to stray from your heart center can be considered a trigger. The challenge is to recognize the opportunities when they present themselves. When something or someone triggers us, we often get caught up in the moment and fail to recognize that we are being triggered, often reacting disproportionately to the situation at hand.

Anytime someone “pushes your button” you are shown a reflection of an aspect of yourself you wish to express but that you have blocked somewhere along the way, or an aspect that you deny and you must accept and release. *It is absolutely crucial that you recognize the person or event that triggered you was not intentionally doing so.* Taking it “personally” completely squanders the golden opportunity you have been given to search within yourself for the core cause of your reaction and to heal it. These core causes often originate from childhood or past lives. The same goes for undesirable situations you may find yourself in.

The best way to address a trigger is to consciously return to your heart center and radiate as much love as you possibly can. Doing so often turns the situation right around, but more importantly it provides you the opportunity to see the situation clearly and to let go of any attachments you may have involving it. The key is to look deep within yourself to locate and release whatever the core cause of your reaction was.

## **Healing With the Voice**

As I have stated above, all blocked emotions are also unexpressed sounds. Therefore, the easiest, and most efficient way to release blocked emotions is by expressing them through sound. This is no new concept, but one our current society conditions us to forget from an early age. How do we address a crying child? We tell it to “sh-sh” until it stops crying. That is but one example. In contrast, a few examples of voice healing that have remained in some western cultures are the Italian Mourners, women hired to sit there and make grieving noises at funerals, and the act of keening, which is a celtic tradition where women let out a deep guttural cry from the abdomen in response to various tragic events. Note how both these examples apply to women because *clearly*, “real men don’t cry,” and perhaps that in itself is an attitudinal indicator of why our society is so imbalanced. It is outright socially unacceptable for a man to express any sort of sadness. Perhaps that’s why there are so many men engulfed in anger. It’s a substitute at least... However, I am not interested in analyzing our society in these pages, rather I am interested in giving you simple practical methods to free yourself of your emotional blockages to bring yourself back into balance.

That said, it is important to understand the theory behind this simple method of self-healing and empowerment I call Sonic Release Therapy, or SRT.

The theory behind SRT is that we can utilize the power of self-produced sound to release blockages from all levels of our bodies, and to raise and sustain our vibrations in the higher frequencies of unconditional love, light, and truth. It’s really quite simple to do. The most basic approach is to produce the corresponding sound to the emotion you

wish to release, or wish to experience. If you are feeling sad in the moment, make sad sounds. Your vibrations will carry the sadness out of your field with the sound. If you want to feel more happy or joyful, take a few minutes to laugh. It's okay to force yourself at first. It tricks the body into responding accordingly, releasing hormones that will induce the positive emotional state you are emulating, etc.

Because emotional blockages are sound-based, they can be detected in the voice with the voice. A clear and balanced emotional body will manifest as a smooth continuous pitch range in your voice. By slowly sweeping your voice through your frequency range, up and down, several times, you can detect any emotional blockages you may have. They will show up as glitches, or gaps in your range where your voice will jump around or waver. Once you detect a blockage, you can single out the frequency range with your voice and sound the corresponding pitch like a sustained note with a full breath. Allow for your voice to get rough and choppy. You may even cough, or gag. These are all signs of a good deep clearing. It's not meant to sound heavenly, you know. Clearing grime is a dirty business... After a few minutes of toning the corresponding pitch, sweep through the frequency range again. You may be surprised to find it is now smooth. The glitch is gone, because you released the emotional blockage.

This technique is powerful and fun. It can be done in a matter of minutes too. Two of my favorite places to do this sort of emotional self-maintenance are in the shower, and in the car.

Emotional responses are a normal and integral part of the human experience. No amount of clearing will ever stop you from experiencing emotions, but with willingness, openness, and practice, you will be able to process your emotions easily and quickly. The best teachers for this are animals and babies. They both immediately express their emotions and then move on. We, in our "mature" society, have been taught to repress our emotions to our great detriment. I invite you now to live vulnerably, and laugh, sing, sob, and scream whenever and wherever you need to.

When you begin to use your voice as a tool for healing and conscious expansion, you tap into the creative power of sound. Sound organizes the energetic structure of the physical world into geometric patterns. These geometries are the vessel through which the light of consciousness is expressed. When you begin to use your own voice intentionally, you are creating a more geometric order within your own field and sub-atomic matrix. This allows you to harness and translate a greater bandwidth of the spectrum of light, which is the intelligence of the Universal source of creation. You literally expand your capacity to contain consciousness.

This begins to manifest on the physical level by an increase in your vocal range. You may find you can hit continually lower and higher notes with your voice the longer you work with sound. Your voice will also become fuller and more powerful, as you learn how to use your mouth as a more efficient resonant chamber. Your lung capacity will also expand, giving you more awareness and control of your breath. Breath is linked to consciousness, and using sound on a regular basis dramatically increases your pranic intake, which in turn increases your vitality, life-force, etc...

Using your voice as a tool is free, and always accessible. It is also extremely liberating. Opening your throat chakra to its full potential is like rubbing the genie's bottle, but even better. You get an infinite number of wishes with every sound you make.

## **External Factors- In the Problems, the Solutions**

We have talked about imbalances originating from within, now we will discuss imbalances from without: toxins and the environment. One of the things that came about from the illusion of duality was forgetting our relation to Mother Earth and all other sentient beings. We lost sight of the interconnectedness of all life and how to maintain the balance. I do not judge this phenomenon, for our very plight, as it is perceived in one way, in a different light creates the impetus and opportunity for transformation and ascension. Would we be developing renewable, sustainable, clean power sources if everything was hunky dorey with fossil fuel usage? We know now it is not. It is harmful to the environment, to our own health, and not sustainable. And so we evolve to something better. But we must pick up after ourselves along the way.

The most interesting thing though, is that for every “problem,” the perfection of creation’s answer is before us. For example, the foods that people are developing sensitivities to, the ones that are proving to be unhealthy for us, and the ones with heavier energy are also the foods that are extremely inefficient to produce, use tremendous amounts of resources, and contain little nutritional value. The foods that people are tuning to instead, are extremely nutrient dense, sustainable, and efficient. This is a natural process of dietary evolution as well as a response to the needs of the moment.

As the vibrations and frequencies of the Earth and atmosphere continue to increase, we will require less and less dense food. Foods that have a higher vibration, more energy, and lifeforce, will be naturally favored as we utilize more and more pure lifeforce energy from the light of the sun. Superfoods, raw foods, and fruits will be favored. As you incorporate more of them in your diet, you will maintain a more harmonious balance with the increasing energies of the shifting world. Continuing to embrace a heavier diet will create energetic imbalances that will manifest as dis-ease simply because of the changes in the vibrational environment around us.

## **The Joy of Cleansing**

The need to cleanse and detox ourselves and the environment is great indeed. The toxins that enter our bodies and the environment are only toxic because they are out of place. We must approach the cleansing process with a positive attitude first and foremost. Even just the simple act of sending love to oneself, or to a polluted lake, is enough to affect positive change. Dr. Emoto has captured the essence of this concept with his intriguing pictures of the effects of thoughts on the shape of water crystals. This is possible because of the vibrational interconnectedness of the unified field everything is a woven part of.

Because of the environment we’ve created, we all have some amount of toxins in us. Toxins are like lead weights on a balloon. We want to go up, but these particles are holding our frequency down. The more you cleanse, the lighter your vibration, the easier it is to rise with the flow. Let your body inform you of any need to cleanse. Symptoms of dis-ease are simply your body sending you the message there is an imbalance. Heavy metal toxicity is probably the most wide-spread and under-addressed condition. Thankfully, it is easily handled with any number of modern bio-medical devices, the Amethyst Bio-Mat being at the top of my list.

When you begin cleansing, be prepared to peel the onion. Remember that you are clearing a lifetime of accumulation. Once one layer is clear, a deeper layer will surface.

Most pharmaceuticals address the symptom of an illness instead of the cause. They actually drive the cause deeper into your body, and bury it. The body bottles it up and tucks it away for safe keeping.

I used antibiotics for years, managing recurring tonsillitis when I was younger. Once I stopped taking antibiotics after being poisoned by them, my tonsils began periodically displaying expressions of tonsillitis. Echoes that would surface, allowing my immune system to complete its interrupted natural response to the original cause of the infection so many years ago. This is one example of cleansing sickness. Sometimes when the body is ready to release stored toxins, the process produces temporary "sickness." Most people mistake this cleansing process as the cold or flu, and take over the counter medicines to repress it. This is exactly what should not be done. It simply drives whatever your body is trying to naturally clear deeper inside, until it manifests as a more significant illness. It is important to develop more body awareness so that you will be able to listen to it better and determine whether you are experiencing a release and cleansing sickness, or a true illness.

If you are experiencing a cleansing reaction, embrace the process with joy because you know that your body is becoming stronger, and healthier. Maintaining a positive attitude while sick also accelerates the recovery time.

### **Concluding Concepts**

Making the shift is simple in concept, and challenging in application. It happens continuously, one choice at a time, and one person at a time. One thing is for certain. Change is afoot. It is time to transcend from the old and embrace the new. How this will all ultimately manifest is yet to be seen. We have a collective opportunity to create a new and better world. The utopic dream of the past is the tenable future of the present. Simple things create profound reverberations. Stay in your heart. Embody the Love vibration. Shift your perspective to find the positive in every situation. Treat all obstacles and triggers as learning opportunities.

Your mission is to rediscover your Authentic Self, to cleanse and purify your body and energy field. Focusing on maintaining a higher vibration will ensure you maintain balance with the rapidly increasing vibrations that permeate everything. This is a tricky time indeed, but one filled with the excitement of limitless creative potential. All is in order. Remember that. All manifestation that is in alignment with your Authentic Self is able to happen with grace and ease now. When you're feeling out of the flow, take a step back to see what's knocking you off course and release it. Be prepared to discover who you really are and embrace the beauty of your full being.

**Completed 4/10/09 1:46am Full Moon in Libra**

**By Awyn D'Aniki (Bradford W. Tilden)**

*Awyn is a multi-dimensional muse of Divine Inspiration. His music transmits higher dimensional codes that activate the awakening of your Quantum Galactic Identity and Higher Self. He teaches classes and workshops in Sound Healing and Crystal Healing as tools for vibrational health and conscious evolution. He is available for private instruction in developing the voice as a self-healing tool, sessions and distance sessions in multi-dimensional vibrational healing with crystals, sound, Angels, and Ascended Masters. Heal, Awaken, Activate. Contact him at [www.CrystalMusicHealing.com](http://www.CrystalMusicHealing.com)*

