

Apples: The Fruit of the Future

Received by Bradford W. Tilden

I recently received this information and wish to share it with you now: Apples are the highest vibrational food we can eat at this time to prepare us for the shift up to the 5th Dimension. More specifically, eating the WHOLE apple, core, seeds, and all.

When I was a child I was taught not to eat the core of an apple and certainly not to eat the seeds because an apple tree would start to grow in my stomach. This myth originated because there is a small amount of arsenic in apple seeds. The general consensus is that arsenic is bad. Therefore don't eat apple cores. I accepted this norm and never ate an apple core. That is, until about a month ago: I learned that arsenic is a homeopathic remedy for psychosis, night terrors, and psychic attacks.

I suddenly had the crazy urge to break the taboo and eat a whole apple, core and all. So I did. I'll never forget the rush of energy I felt when I first bit into the core. I ate it from the bottom up. I bit right into the center of the apple to reveal the 5 pointed star arrangement of the seeds. (If you cut an apple in half laterally the seeds form a five pointed star.) Then, with great exhilaration, and with the feeling that I was about to take a giant leap of faith, I bit into the seeds themselves.

The world did not end. I did not die from arsenic poisoning. Nor have I shown any signs of sprouting roots in my stomach.

The first thing I noticed was the amazingly singular taste of the apple seeds. Familiar, yet like nothing I have ever tasted before. I continued to eat the apple until all that was left was the stem. It was a magical experience, and a highly energizing one.

Since I began eating entire apples I've felt an up-surge in the level of energy I am able to maintain. I'm also able to eat less food and feel twice and strong. I also began to be able to face the disincarnate astral beings that I have always attracted as a light-worker, but was scared of ever since I was a child. Something was definitely going on here...

Not long after eating my first whole apple, I received the following information in a "download." I was sitting in a plane flying back from Cleveland eating an apple. I asked the woman next to me if she ate whole apples. She said she didn't because when she was a child she was told apple seeds were poisonous. I informed her that her information was bunk, and then I showed her the star formation of the seeds before eating the rest of it. I suddenly felt tingles descend onto and around my head and flow down into and around my whole body. I hadn't felt the tingles so strongly before. I

picked up my pen and began scribbling massive amounts of information about apples. Here's the transcription of that download:

The Secret Power of the Apple

The apple is the highest vibrational food on the planet at this time. It is shaped like the human toroid-shaped electro-magnetic field that also serves as the coordinates within the space-time continuum of the quantum galactic identity of the multi-dimensional human.

Eating the core of the apple strengthens and nourishes the zero point in the core of the human incarnate body. This point is the source of pranic nourishment that sustains life, and is also the point where the new inner light from the third drop is beginning to shine.

The five-pointed star of the seeds is the seed of the 5th dimension. Taking in this vibration by eating the seeds raises your frequency to align more quickly and more harmoniously with the rising Earth Energies and new Cosmic Energies as our consciousness is elevated to this higher dimension, the New Earth, The Aquarian Age, etc...

The apple is also the symbolic representation of our conscious evolution. The apple MUST fall from the tree to become a tree itself. The stem, which is the only thing you do not eat, is the symbolic representation of unplugging yourself from the old paradigm of duality, characterized by control and fear that is the illusion. It is the chord we cut from the old paradigm in order to grow into our full potential, our own unique Trees of Life.

Ascending to the 5th Dimension does not require that we leave the Earth. It does require the moment of free-fall between disconnecting from the branch of the old and landing on the ground to seed our own realities. This moment of free-fall is the leap of faith we must all make in order to access the full potential of our Authentic Selves and be able to fully apply the Law Of Attraction that will become integral to shaping our new realities in the Golden Age.

Once our apples fall, the seeds sprout, take root, and grow into trees themselves. We shall have within us the Tree of Life and the Tree of Knowledge. Together, these trees will blossom with wisdom for us to share.

In the physical world, it is a scientific truth that each apple seed that grows into a tree will have a unique expression of fruit. No two apple trees will ever produce the same fruit. The apples we have in the grocery stores are grown through grafting. They are basically clones of an original apple tree that was discovered and cultivated for its prized fruit.

This is another symbolic correlation with the progression of human evolution. It is time now, for us to remember and activate our full potential as Cosmic Humans. We must discover our inner truths and Authentic Selves and manifest them in this world. Like each apple seed into a tree, we too will reach our maturity when our flower blossoms and is seeded. Then we will manifest our own unique expression in this world.

This is crucial for the creation of the Golden Age of Eternal Peace and Infinite Abundance. If everyone honors their Authentic Self and fully manifests their unique expression in this world, there will be unparalleled harmony and all needs will be met for everyone. There are people who love to farm. There are people who love to build houses. There are people who love to make clothing. There are people who love to teach. There are people who love to build instruments. There are people who love to create music...

Just as the apple blossom needs its bees to pollinate, so too do we need each other. We are each other's bees and the sweet nectar of collaboration and community is our precious honey.

While receiving the above information my head tingled very strongly (just like when I received my first spiritual awakening as recounted in the Story of the Red Jewel). I realized that this is my signal for receiving communication from my Higher Self. This also means that I do not receive this kind of energy before or while playing music. This means, my gift of musical creation is all mine. It is my Soul Expression.

The activations I perform with Multi-Dimensional Jewels are Soul-Manifestation Activations. They awaken the initiate to their Authentic Self so that they can fully express their potential as a Cosmic Human. The dream is real. To transform the potential energy into kinetic energy is the key to discovering your unique expression as a multi-dimensional human with a quantum galactic identity.

My dream is my work. The music, the crystal-sound healing, the initiations are all to pollinate the trees of Life and Knowledge in other people, to awaken to their Authentic Selves.

Eating whole apples assists in this awakening process. They support the physical body by providing it with the necessary vibrational nourishment essential to sustain the higher vibrations at this time. An apple a day does more than keep the doctor away. It keeps your consciousness expanding!